SCRIPTURE

2 Chronicles 7:14

"If my people which are called by my name, shall humble themselves and pray, and seek my face, and turn from their wicked ways, then will I hear from heaven, and will forgive their sin, and will heal their land".

James 5: 15-16

"And the prayer of faith shall save the sick, and The Lord shall raise him up, and if he has committed sins they shall be forgiven him." 16 "Confess your fault one to another and pray for one another, that they may be healed. The effectual fervent prayer of a righteous man availeth much."

Praying with Power

- Humble Yourself
- Repent
- Seek God's Face
- Ask, Believing
- By Faith Receive
- Know that God hears and answer prayers

How to Petition God

- Prayer Vigil
- Prayer Walk
- o Individual Prayer
- o Intercession
- Prayer Declaration
- Clarion Call (seminar, workshop etc.)
- © Corporate Prayer
- Prayer Room
- [®] Altar Work
- Prayer Line

THE POWER OF PRAYER

Philippians 4:6-7 Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

James 5:16 Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

John 15:7 If you abide in me, and my words abide in you, ask whatever you wish, & it will be done for you.

1 John 3:22 And whatever we ask we receive from him, because we keep his commandments and do what pleases him.

I John 5:14-15 And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.

Jeremiah 29:11-15 For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. Then you will call upon me and come and pray to me, and I will hear you. You will seek me and find me, when you seek me with all your heart. I will be found by you, declares the Lord, and I will restore your fortunes

and gather you from all the nations and all the places where I have driven you, declares the Lord, and I will bring you back to the place from which I sent you into exile. "Because you have said, 'The Lord has raised up prophets for us in Babylon."

John 14:13-14 Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. If you ask me anything.

Ephesians 6:18 Praying at all times in Spirit, with all prayer & supplication. To that end keep alert with all perseverance, making supplication for all the saints.

Matthew 21:21-22 And Jesus answered them, "Truly, I say to you, if you have faith & do not doubt, you will not only do what has been done to the fig tree, but even if you say to this mountain, 'Be taken up & thrown into the sea,' it will happen. And whatever you ask in prayer, you will receive, if you have faith."

Matthew 6:9-13 Pray then like this: "Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

James 1:5

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

Luke 11:9 And I tell you, ask, & it will be given to you; seek, & you will find; knock, and it will be opened to you.

James 1:6 But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind.

Matthew 6:7 "And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words."

1 Timothy 2:8 I desire then that in every place the men should pray, lifting holy hands without anger or quarreling;

Luke 18:1-8 And he told them a parable to the effect that they ought always to pray and not lose heart. He said, "In a certain city there was a judge who neither feared God nor respected man. And there was a widow in that city who kept coming to him and saying, 'Give me justice against my adversary.' For a while he refused, but afterward he said to himself, 'Though I neither fear God nor respect man, yet because this widow keeps bothering me, I will give her justice, so that she will not beat me down by her continual coming." ...

Isaiah 41:10 Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Acts 16:25-26 About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them, and suddenly there was a great earthquake, so that the foundations of the prison were shaken. And immediately all the doors were opened, and everyone's bonds were unfastened.

Jeremiah 33:3 Call to me and I will answer you, and will tell you great and hidden things that you have not known.

Acts 20:36 And when he had said these things, he knelt down and prayed with them all.

Matthew 6:9 Pray then like this: "Our Father in heaven, hallowed be your name.

1 Timothy 2:1 First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people.

THE FOUR COMPONENTS OF PRAYER

Praise

Repentance

Asking for others and

V ourself

ALWAYS PRAY FIRST

In every situation, whether good or bad, we try to pray before we act. Many times people act first and then want God to bail them out of that situation, but prayer should be our first response, not our last resort. Understanding the necessity of prayer is not enough. In order for it to become a part of our life, it needs to become something we look forward to doing. I'm convinced most people don't enjoy prayer because they have never been taught how to pray. That's where this simple prayer guide can help.

Using several prayer models out of the Bible and having some guides to make prayer more personal, this booklet is designed to bring joy into your time with God. When you discover the beauty of daily conversation with Him, you'll experience the presence of God that will change your life.

Once you learn how to pray, prayer can become a part of everyday life. And then...

Before the day begins

Before you go to bed

Before you go to work or school

Before you send that text

Before you eat, drive or travel

When bad things happen

Before bad things happen

In every situation—PRAY FIRST!

Prayer changes everything!

WHY PRAY?

Prayer is our greatest Christian privilege but well—we may as admit — our greatest Christian failure. All of us need to learn to pray more and pray better. One of the reasons we do not pray better than we do, or any more than we do, is that we have questions about prayer. These questions can cause us uncertainty. Then our uncertainty sometimes neutralizes us and we become hesitant about prayer. "Be anxious for nothing, but in everything, by prayer and supplication with thanksgiving, let your requests be made known unto God." Philippians 4:6

One of the questions most often asked about prayer is:

Why should we pray when God already knows our needs?

Why tell God what He already knows or ask Him to do

what He already wants to do?

Thank God we don't have to understand prayer in order to pray.

First, here are two reasons why we don't pray:

- We do not have to pray to impress God. We're not heard for our "much-speaking." You don't have to use poetic language or be an amateur Shakespeare. If an earthly child can speak to an earthly father, you can speak to your Heavenly Father. We're told to cry out to Him as our "Abba" Father literally translated, "Daddy." (Romans 8:15, Galatians 4:6).
- We do not have to pray to inform God. You can't tell God anything He doesn't know. So if we don't pray to impress or inform God, why then do we pray?

It's very important to understand this: Answer

WE PRAY TO INVITE GOD

We are inviting God into our lives when we pray.

THE LORD'S PRAYER

One day Jesus was praying in a certain place. When He finished, one of his disciples said to him, "Lord, teach us to pray..." (Luke 11:1). "Our Father in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, as in heaven, so in earth. Give us day by day our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil, for Thy is the kingdom and the power and the glory forever" (Matthew 6:9-13). "Our Father in heaven..."

1. CONNECT WITH GOD RELATIONALLY...

You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father" (Romans 8:15 NLT). God loves for us to call Him our Father. Establish your intimate relationship with Him and thank Him for the relationship you have with Him. "...Hallowed be Your Name."

2. WORSHIP HIS NAME.....

God's name is a place of protection—the righteous can run there and be safe (Proverbs 18:10 MSG). What are His Names? Righteousness — He makes me clean, Sanctifier — He has called me and set me apart, Healer — He heals all my diseases, Banner of Victory — He has defeated my enemy, Shepherd — He speaks to me and leads me, Peace — He is my peace in every storm, Provider — He supplies all of my needs

"...Your Kingdom come, your will be done on earth
as it is in heaven..."

- 3. PRAY HIS AGENDA FIRST... He will always give you all you need from day to day if you will make the Kingdom of God your primary concern (Luke 12:31). God's priorities: Saving the Lost, guiding those in authority parental, spiritual, governmental, workplace His will in us "... Give us this day our daily bread..."
- 4. DEPEND ON HIM FOR EVERYTHING ... I look up to the mountains—does my help come from there? My help comes from the Lord, who made heaven and earth! (Psalm 121:1-2). Ask God for what you want and need and then trust Him for the answer. "... Forgive us our debts as we forgive our debtors..."
- 5. GET YOUR HEART RIGHT WITH GOD AND PEOPLE ... If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness (1 John 1:9). Ask God to check your heart and motives. Receive His forgiveness for any area that He brings to mind. Forgive anyone who has offended you in any way. You can even forgive people in advance.
 - "...And do not lead us into temptation but deliver us from the evil one..."
- 6. ENGAGE IN SPIRITUAL WARFARE ... our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms (Ephesians 6:12).

Take your stand against the enemy and fight the good fight of faith. Every lie that the enemy has told you should be replaced with the truth of God's Word. "...For yours is the Kingdom and the Power and the Glory forever."

7. EXPRESS FAITH IN GOD'S ABILITY

"Ah, Sovereign LORD, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you" (Jeremiah 32:17).

End your prayer time by reminding yourself of God's ability. Return to praise and make your faith declarations. "Yours is the Kingdom" – all rule belongs to You "Yours is the Power" – all mightiness flows from You "Yours is the Glory" – Your victory shall be complete. The Lord's Prayer is the "Model Prayer".

CORPORATE PRAYER

Corporate prayer is the term used to describe praying together with other people—in small groups or in larger bodies of people. It is an important part of the church and in Acts 2:42. We learn that the early church prayed together: "They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer."

Encouragement – praying with others can bring encouragement to the members of the group. There may be those in the group who are struggling with trials and temptations. As they are upheld in prayer, the Holy Spirit brings them encouragement and reassurance of His promises.

Unity of Purpose — Corporate prayer has the ability to knit a group together in a bond of fellowship and praise. People are edified and unified in common faith. As people pray together, they build love, concern for others, and display their dependence on God.

Worship - Corporate prayer brings intimate communion with the Savior.

Repentance — As people pray, the Holy Spirit brings conviction and draws His children to repentance.

PRAYER AND SCRIPTURE DEVOTIONAL

This is a great prayer outline mixed with Scripture readings. Simply go through the outline while you look up the passages of Scripture.

1. THANKSGIVING AND PRAISE - PRESENT YOURSELF TO GOD (MARK 12:30)

Think of a fresh reason to thank Him (Psalm 100:4, 118:24). Present your body in worship (Romans 12:1; Psalm 63:3-4) by:

Kneeling before Him as your Lord
Lifting your hands to Him as your Source
Standing in praise before Him as your King
Clapping your hands with rejoicing
Dancing with joy as a child
Bowing your head in humility
Sing a new song to Him (Psalm 96:1-2; Colossians 3:16).
Invite Holy Spirit assisted praise (Jude 20; 1 Corinthians 14:15).

2. CONFESSION AND CLEANSING - PRESENT YOUR HEART TO GOD (Proverbs 4:23)

Ask God to search your heart (Psalm 139:23-24)

Sin – receive cleansing and righteousness Selfishness – receive holiness and sanctification

Stress - receive life and power

Sickness - receive healing and strength

Remember the danger of self-deception (Jeremiah 17:9; 1 John 1:6-10).

Set a monitor on your mouth and heart (Psalm 19:14, 49:3).

Ask God to help you keep His purposes and goals in view (Psalm 90:12; Philippians 3:13-14).

3. ORDER AND OBEDIENCE - PRESENT YOUR DAY TO GOD (Psalm 37:5)

Present the day's details (Psalm 37:4-5, 31:14-15; Deuteronomy 33:25)

Choose the fear of the Lord.

Commit your works to God.

Indicate your dependence upon God (Proverbs 3:5-7; Psalm 131:1-3).

Request specific direction for actions and decisions (Psalm 25:4-5; Isaiah 30:21).

Choose to obey God's explicit instructions (Matthew 6:11, 7:7-8).

In the Word of God by choosing to do His will!

Prayer should not just be begging for things.

It is suggested to include each of the following, in this order: A.C.T.S.

ADORATION: Praising God for What And Who He Is

Acts 4:24 When they heard if, they lifted up their voice to God with one accord, and said, "O Lord, you are God, who made the heaven, the earth, the sea, and all that is in them; ... (All scripture quoted from WEB, which is public domain.) (The church, praying after Peter and John's release.)

I Kings 8:22 Solomon stood before the altar of Yahweh in the presence of all the assembly of Israel, and spread forth his hands toward heaven: 23 and he said. "Yahweh, the God of Israel, there is no God like you, in heaven above, or on earth beneath; who keep covenant and loving kindness with your servants, who walk before you with all their heart:

CONFESSION: Stating Our Sins and Asking Forgiveness

Psalm 51:1 Have mercy on me, God, according to your loving kindness. According to the multitude of your tender mercies, blot out my transgressions, 2 Wash me thoroughly from my iniquity. Cleanse me from my sin. (David, praying for forgiveness about his adultery with Bathsheba.)

1 John 1:9 If we confess our sins, he is faithful and righteous to forgive us the sins, and to cleanse us from all unrighteousness.

THANKSGIVING: Thanking God for What He has Done

Matthew 11:25 At that time, Jesus answered, "I thank you. Father, Lord of heaven and earth, that you hid these things from the wise and understanding, and revealed them to infants.

Daniel 2:23 I thank you, and praise you, you God of my fathers, who have given me wisdom and might, and have now made known to me what we desired of you; for you have made known to us the king's matter.

SUPPLICATION: Asking for Things We Want God

To Do for Others; (INTERCESSIONS) for us

Mark 14:36 He said, "Abba, Father, all things are possible to you, Please remove this cup from me. However, not what I desire, but what you desire."

Matthew 6:11 Give us today our daily bread.

Romans 10:1 Brothers, my heart's desire and my prayer to God is for Israel, that they may be saved.

THE PRAYER OF JABEZ

1 Chronicles 4:9-11

QJabez was more honorable than his brothers, and his mother named him Jabez saying, "Because I bore him with pain." 10Now Jabez called on the God of Israel, saying, "Oh that You would bless me indeed and enlarge my border, and that Your hand might be with me, and that You would keep me from harm that it may not pain me!" And God granted him what he requested. 11Chelub the brother of Shuhah became the father of Mehir, who was the father of Eshton.

PRAYER OF SALVATION - CONFESSING OUR SIN

When we pray the prayer of salvation, we're admitting that we have sinned. As the Bible says of everyone, save Christ alone: "For all have sinned, and fall short of the glory of God" (Romans 3:23)

"Father, I know that I have broken your laws and my sins have separated me from you. I am truly sorry, and now I want to turn away from my past sinful life toward you. Please forgive me, and help me avoid sinning again. I believe that your son, Jesus Christ died for my sins, was resurrected from the dead, is alive, and hears my prayer. I invite Jesus to become the Lord of my life, to rule and reign in my heart from this day forward. Please send your Holy Spirit to help me obey You, and to do Your will for the rest of my life. In Jesus' name I pray, Amen

THE WEAPONS OF WARFARE

(based on 2 Corinthians 10:4-5)

'Father, Your Word says that no weapon formed against me shall prosper (Isaiah 54:17).

"Therefore, I declare that no weapon formed against me prospers this day or any day to come in Jesus' name. Your Word says that trouble will not arise a second time" (Nahum 1:9).

Therefore, I declare that Satan cannot make trouble for me again, in this manner, as he did in the past in Jesus' name. I declare all of these prayers accomplished and brought to pass by trusting you through faith and expectation in the name of Jesus. Lord Jesus, I confess to You all of my sins this day, yesterday and every day past. I repent and renounce them, those known and unknown, those of omission and commission, in what I have done and in what I have failed to do. I lay down at Your feet all of the sins of the flesh, the tongue, and of the heart, and all unholy thoughts and actions. Thank You, Lord, for shedding Your precious blood for me. I stand on Your Word. The enemy is driven out from before me, above me, around me, and below me; from my home, workplace, church and its ministries, children, and loved ones; from my works and labors, land, and my presence. I declare that he is not able to stand against me, and his works are taken captive and destroyed. No weapon formed against me will prosper, for the Spirit of the Lord shall raise a standard against them. I declare all of these things accomplished by Your Word. Jesus, my Lord, I give You thanksgiving, praise, glory, honor and worship for Your righteousness and holiness given to me by Your Word on my behalf."

WARFARE PRAYERS

Prayer is not only communion with God; it is confrontation with the enemy.

Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the Gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil. Take the helmet of salvation and the sword of the Spirit, which is the Word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people (Ephesians 6:11-18).

SPIRITUAL WARFARE: PRAYER POINTS

These are statements that you can speak over yourself and/or use as prayer points.

- -JESUS Loves me. John 3:16, John 15:15
- -I am Saved, Healed and Delivered. Matt. 9:22, 1 Peter 2:24
- -I take off the old, and put on the new. 2 Cor.5:17
- -I accept the Righteousness of Christ. Isa.54:17
- -Create in me a clean heart. Psalm 51:10
- -Praise Jesus, my LORD, my KING and my GOD.

John 20:28, Rev.19:16

- -I pull down the strong holds and wicked imaginations. 2 Cor. 10:5
- -I bring these thoughts to the Throne of Christ. 2 Cor. 10:5
- -I reject all evil and unclean thoughts. 2 Cor. 10:5, 1 Peter 1:13
- -I accept the mind of Christ. 1 Cor. 2:16, 1 Peter 1:13
- -I accept the Peace of Christ. Philippians 4:7, 1 Thes. 5:23, Isa.9:6
- -My trials are precious as gold refined.
- -GOD is in Control.
- -It's going to be okay.
- -I accept The Love of Christ.
- -Light casts out all darkness.
- -I have been delivered from darkness and have come to the glorious Light of Christ.
- -JESUS, shine your Light in me and on me.
- -I am Redeemed.
- -I have been bought by The Precious Blood of The Lamb of GOD.
- -I am precious in the eyes of GOD.
- -I accept a clean heart.

GENERAL CONFESSION PRAYER

(based on Romans 10:10; James 5:16; I John 1:7-9, 3:8)

'Lord Jesus, I believe that You are the Son of God. You are the Messiah, come in the flesh to destroy the works of the devil. You died on the cross for my sins and rose again the third day from the dead. I now confess all my sins and repent. I receive your forgiveness and ask you to cleanse me from all sin. Thank You for redeeming me, cleansing me, justifying me, and sanctifying me in your blood." Amen

FORGIVENESS PRAYER

(based on Matthew 6:14-15; Leviticus 19:18)

"Lord, I have a confession to make. I have not loved, but have resented certain people and have <u>un-forgiveness</u> in my heart. I call upon You, Lord, to help me forgive them. I do now forgive (name them). I, also forgive and accept myself in the name of Jesus Christ." Amen

PRIDE PRAYER

(based on Proverbs 11:2, 16:18, 26:12; 1 Timothy 3:6)

"Father, I come to You in the name of the Lord Jesus Christ. I know pride is an abomination to You. I renounce anything that would cause me to have pride in my heart in dealing with other people. I renounce these and turn away from them. I humble myself before You and come to You as a little child."

GENERATIONAL BONDAGE PRAYER

(based on Exodus 20:4-6, 34:7; Numbers 14:18)

'In the name of the Lord Jesus Christ, I now renounce, break, and loose myself from all bondages or bonds of physical or mental illness upon me, my family or family line as the result of parents or any other ancestors. I thank You, Lord, for setting me free." Amen

PROTECTION PRAYER

(based on 2 Corinthians 6:14-7:1, 10:3-5; Romans 12:1-2)

'Heavenly Father, I bow in worship and praise before You. I cover mysimith the blood of the Lord Jesus Christ as my protection. I surrender myself completely and unreservedly in every area of my life to You. I submit myself only to the true and living God and refuse any involvement of the enemy in my life. I choose to be transformed by the renewing of my mind. I pull down every thought that exalts itself against the knowledge Christ. I pray and thank you for a sound mind, the mind of Christ. Today and every day I ask for protection over my spouse; each of my children; our immediate family members, relatives, friends, acquaintance and myself. I also ask today for protection during all of our travels; for provision, finances, possessions, health, safety, and welfare. I put all of these things under the covering of Your precious blood and declare that Satan cannot touch them, on this day or any day to come."

THE ARMOR OF GOD

(based on Ephesians 6:13-17)

"Thank You, Lord, for my salvation. I receive it in a new and fresh way from Y and I declare that nothing can separate me from the love of Christ and the place I in Your kingdom. I wear Your righteousness today against all condemnation and corruption. Cover me with Your holiness and purity—defend me from all assault against my heart. Lord, I put on the belt of truth. I choose a lifestyle of honesty as integrity. Expose the lies I have believed, and show me the truths I need today. I choose to live for the Gospel in every moment. Show me where You are working a lead me to it. Give me strength to walk daily with You. I believe that You are powerful against every lie and assault of the enemy. You have good in store for m. Nothing is coming today that can overcome me because You are with me. Holy Sp show me the truths of the Word of God that I will need to counter the traps of the enemy. Bring those Scriptures to mind today. Finally, Holy Spirit, I agree to walk step with You in everything as my spirit communes with You in prayer throughout the day."

PERSONAL PRAYER TARGETS

I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth (1 Timothy 2:1-4). Pray for those in authority and those under your authority

- 1. PRAY THAT THE FATHER WOULD DRAW THEM TO JESUS No one can come to me unless the Father who sent me draws him (John 6:44).
- 2. BIND THE SPIRIT THAT BLINDS THEIR
 MINDS The god of this age has blinded the minds of unbelievers, so that
 they cannot see the light of the gospel of the glory of Christ, who is the image
 of God (2 Corinthians 4:4).
- 3. LOOSE THE SPIRIT OF ADOPTION (SONSHIP)
 For you did not receive a spirit that makes you a slave again to fear, but you received
 the Spirit of sonship. And by him we cry, "Abba, Father" (Romans 8:15).
 - 4.PRAY THAT OTHER BELIEVERS WILL CROSS THEIR PATHS AND ENTER INTO POSITIVE RELATIONSHIPS WITH THEM. Ask the Lord of the barvest, therefore, to send out workers into his barvest field (Matthew 9:38).
 - 5. LOOSE THE SPIRIT OF WISDOM AND REVELATION ON THEM SO THEY MAY KNOW GOD BETTER. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better (Ephesians 1:17).

SUPPLICATION

Many times our efforts in leading people to Christ are fruitless because we forget the necessary preparation for witnessing. The divine order is to first talk to God about men, and then talk to men about God. If we follow this order, we will see results. Prayer really is the place where people are won to Christ; witnessing is just gathering in the results of prayer. As you meditate on the above, list the requests you can make to God for Christians and non-Christians.

PETITION

Why should we expect God to answer our prayers?
(Matthew 7:9-11, Romans 8:32)

Praying in the name of Jesus By Faith-Believe Trust in God Wait in Expectation

After Praying

Sunday School Bible Study – "In The Word" Meetings

HOW TO MAKE A LIFESTYLE OF PRAYER?

How do we make prayer a part of our everyday life? We can learn from three things that Jesus did... Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed (Mark 1:35).

- A CERTAIN TIME Jesus got up very early in the morning to spend time with His Heavenly Father. In order for prayer to work, we should do the same. Make a daily appointment with God and keep it.
- A CERTAIN PLACE Jesus had a prayer place. Your prayer place needs to be an undistracted environment where you can pray out loud and perhaps have some worship music playing in the background.
- A CERTAIN PLAN Go into your prayer time with a plan. If it changes that's fine. When Jesus taught His disciples how to pray, He gave His disciples a prayer outline. We call it the Lord's Prayer.

This outline along with several other tools is available in this booklet.

MY PRAYER JOURNAL

MY JOURNAL THOUGHTS

MYNEEDS	
	(REQUESTS TO THE LORD)
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DATES ANSWERED